

Neuro-affirming book list



Stim: An Autistic Anthology - [Lizzie Huxley-Jones](#)

The Power of Neurodiversity: Unleashing the Advantages of Your Differently Wired Brain - [Thomas Armstrong](#)

How Can I Talk If My Lips Don't Move?: Inside My Autistic Mind - [Tito Rajarshi Mukhopadhyay](#)

Born On a Blue Day - [Daniel Tammet](#)

Autistic Community and the Neurodiversity Movement: Stories from the Frontline - [Steven K. Kapp](#)

Beyond Behaviours - [Mona Delahooke](#)

Unmasking Autism: The Power of Embracing Our Hidden Neurodiversity - [Devon Price](#)

Your Safe Space: Creating A Home Where Autistic Children Thrive - [Jo Gaunt](#)

Neurodiversity Fixing A Dysfunctional Society - [Daniel Moore](#)

Creating Safe Spaces for Autistic People - [Scott Neilson](#) & [Laura Hellfeld](#)

The Gold Standard Fallacy of ABA - [Julie Roberts](#)

Neurosensory Divergence: Autistic Languages: A Roadmap To An Equitable Life For Autistic Children - [Helen Daniel](#)

Your Child is Not Broken: Parent Your Neurodivergent Child Without Losing Your Marbles - [Heidi Mavir](#)

The Family Experience of PDA: An Illustrated Guide to Pathological Demand Avoidance - [Eliza Fricker](#)

PDA in the Family: Life After the Lightbulb Moment - [Steph Curtis](#)

Uniquely Human - [Dr. Barry M. Ph.D Prizant](#)

Neurotribes - [Steve Silberman](#)

I Will Die On This Hill - [Meghan Ashburn](#) & [Jules Edwards](#)

How to Parent Like an Autistic - [K. Bron Johnson](#)

Different, Not Less: A neurodivergent's guide to embracing your true self and finding your happily ever after - [Chloé Hayden](#)

The New Normal: Autistic musings on the threat of a broken society - [David Gray-Hammond](#)

What I Want to Talk About: How Autistic Special Interests Shape a Life - [Pete Wharmby](#)

Untypical: How the world isn't built for autistic people and what we should all do about it - [Pete Wharmby](#)

What I Mean When I Say I'm Autistic - [Annie Kotowicz](#)

Raising a Wild Child - [Suzan Issa](#)

Permission To Be Different - [Nikki Butler](#)

SMALL TALK: 10 ADHD lies and how to stop believing them - [Richard Pink](#) & [Roxanne Pink](#)



Black Rainbow: A gripping family drama about PDA the journey to self-discovery and acceptance - [Danielle Jata-Hall](#)

It All Makes Sense Now: Embrace Your ADHD Brain to Live a Creative and Colourful Life - [Meredith Carder](#)

Loud Hands: Autistic People, Speaking - [Julia Bascom](#)

We Are Not Seeing It: How and Why Mainstream Schools Break SEND Kids - [Luisa Gray](#)

Low-Demand Parenting - [Amanda Diekman](#)

**** FOR CHILDREN ****

Unlocking the Power of My PDA Brain - [Jennifer Huffman](#)

When My Brain Is Messy - [Tania Wieclaw](#)

Wonderfully Wired Brains: An Introduction to the World of Neurodiversity - [Louise Gooding](#)

I am the rainbow and the rainbow is me - [Alice McSweeney](#)

A Day With No Words - [Tiffany Hammond](#)

When things get too loud: A story about sensory overload - [Anne Alcott](#)

The Secret Life of Rose: Inside An Autistic Head - [Miss Rose Smitten](#) & [Jodie Smitten](#)

